

Feeding fuels our mind!

FEEDING
AMERICA
West Michigan



GATHER
2 GROW

THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER.

Food

WHY DO WE NEED IT?

1

**GIVES YOUR BODY
THE ENERGY TO RUN,
PLAY, AND DANCE!**

2

**FOOD HELPS YOUR
BRAIN TO LEARN
AND READ!**

3

**FOOD HELPS
YOU TO GROW!**

4

**FOOD PROVIDES A
MOOD BOOST!**

FIND FOOD!



READ


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AMERICA**
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**GATHER
2 GROW**

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Water



WATER IS IMPORTANT!

1

WATER HELPS THE
MIND TO FOCUS
WHILE LEARNING.

2

WATER HELPS THE
BODY TO TURN
FOOD INTO ENERGY.

3

TRY TO CONSUME
WATER DAILY.

4

CARRY A REUSABLE
WATER BOTTLE
WITH YOU.

FIND FOOD!

